

ESS How to Create a Life Event

How to Create a Life Event Overview

The purpose of this Job Aid is to walk through the different life events that an employee can submit through the Employee Self-Service portal (ESS).

Birth, adoption, marriage, and divorce are currently the only life events employees will be able to initiate changes for through ESS. The Agency BA reviews the documentation once received and reverses enrollment if the event is not supported. All other life events will need to be initiated by the Agency BA when the employee requests changes and provides documentation.

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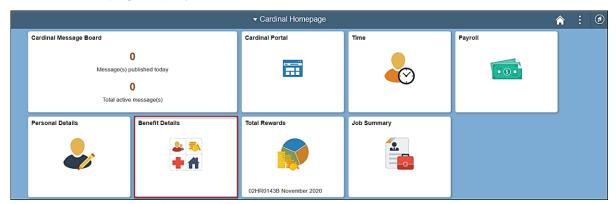


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Initiating ESS Life Events

1. Navigate to the Cardinal Homepage.

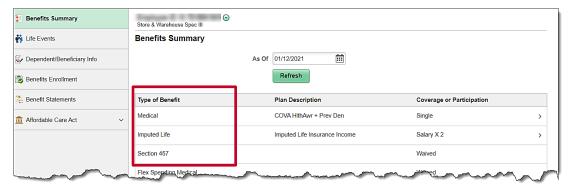
The **Cardinal Homepage** displays.



Note: Individual tile availability and placement is dependent upon individual user and security settings.

2. Click the **Benefit Details** tile.

The Benefits Details page displays with the Benefits Summary tab displayed by default.



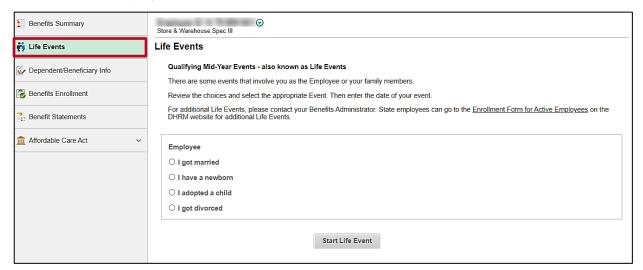
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3. Click the **Life Events** tab on the left side of the page.

The Life Events tab displays.



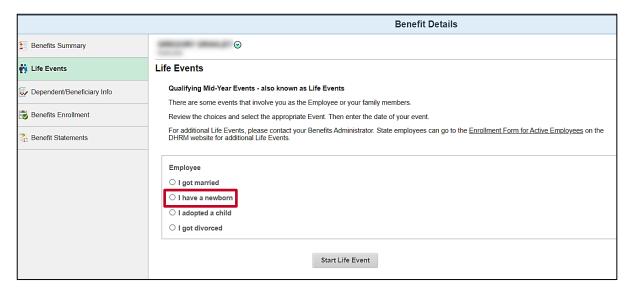
Note: The remaining sections of this Job Aid begin at the **Life Events** tab (displayed above). Refer to the applicable section of this Job Aid based on the type of Life Event to continue.

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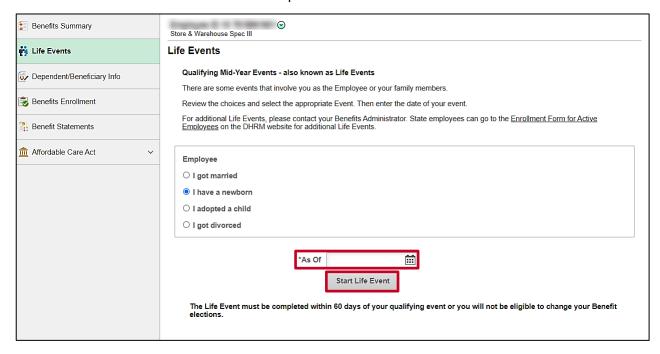


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Birth Life Event



1. Click the **I have a newborn** radio button option.



- 2. Select the child's date of birth using the **As Of Calendar** icon or by entering into the text field.
- Click the Start Life Event button.

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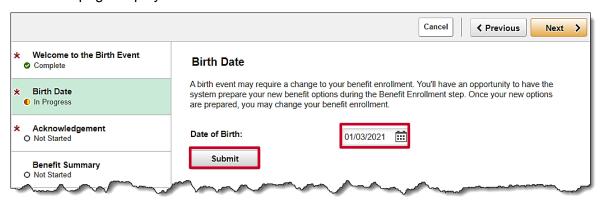
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The **Birth Event** page displays.



4. Read through the **Welcome to the Birth Event** information and then click the **Next** button.

The Birth Date page displays.



- The Date of Birth field will default to the As Of date previously selected on the Birth Events page.
 Validate this is the child's accurate date of birth, and if required, update using the Date of Birth Calendar icon.
- 6. Click the **Submit** button.

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The **Submit Confirmation** page displays.



7. Click the **OK** button.

The Birth Date page redisplays.



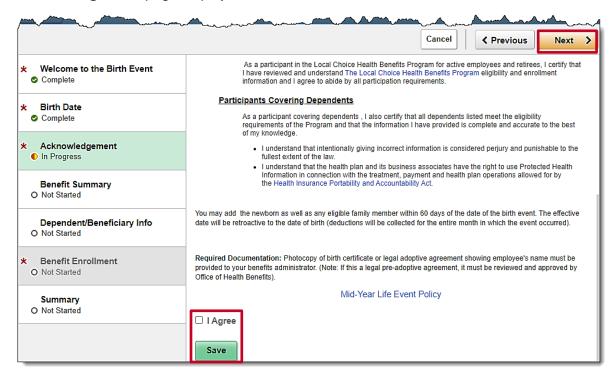
8. Click the **Next** button.

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The **Acknowledgement** page displays.



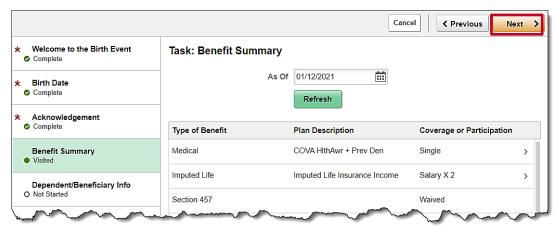
- 9. Read through the **Health Plan Acknowledgement** information (scroll up and/or down, as required) and then select the **I Agree** checkbox option.
- 10. Click the Save button.
- 11. Click the Next button.

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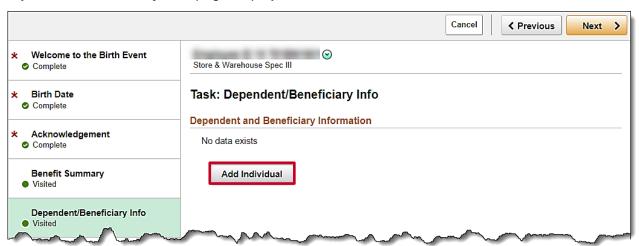
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The **Benefit Summary** page displays.



Click the Next button.

The **Dependent/Beneficiary Info** page displays.



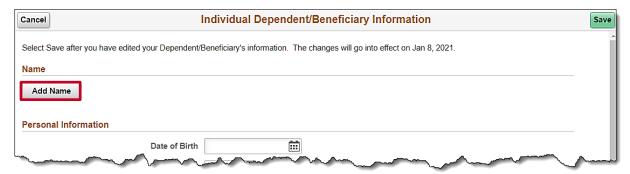
13. Click the **Add Individual** button to submit the personal information for the child being added.

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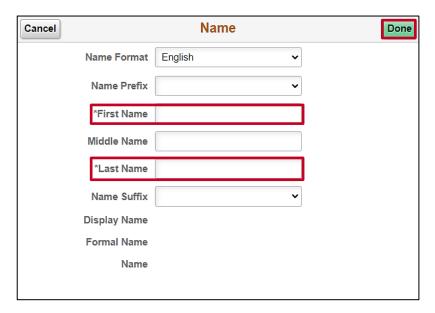
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The Individual Dependent/Beneficiary Information page displays.



Click the Add Name button.

The Name page displays in a pop-up window.



15. Enter the child's first and last name in the corresponding fields.

Note: Optionally add the child's name prefix, middle name, or name suffix, as applicable.

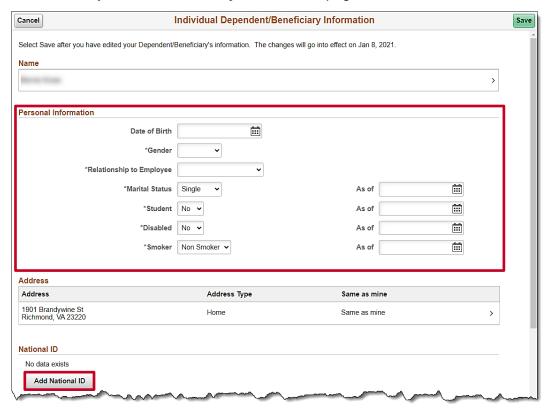
16. Click the **Done** button.

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The Individual Dependent/Beneficiary Information page returns.



- 17. Within the **Personal Information** section, complete the **Date of Birth**, **Gender**, and **Relationship** to **Employee** fields.
- 18. Click the Add National ID button.

Note: If the child has not received a National ID Number at the time of enrollment, skip to step 21 and update when the information becomes available.

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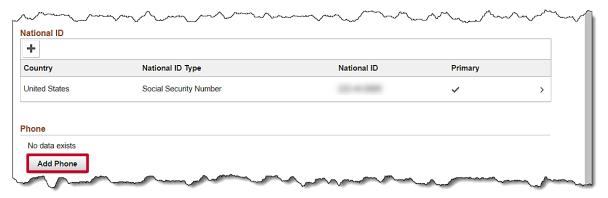
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The National ID page displays in a pop-up window.



- 19. Complete the Country, National ID Type, and National ID fields for the child.
- 20. Click the **Done** button.

The Individual Dependent/Beneficiary Information page returns.



21. Click the Add Phone button.

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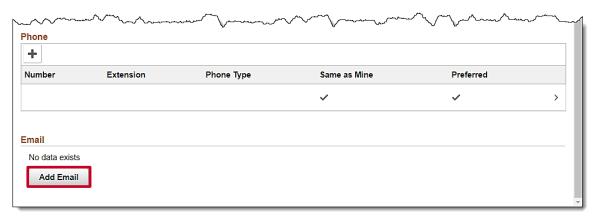
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The **Phone Number** page displays in a pop-up window.



- 22. Select "Yes" for the Same as mine field.
- 23. Click the **Done** button.

The Individual Dependent/Beneficiary Information page returns.



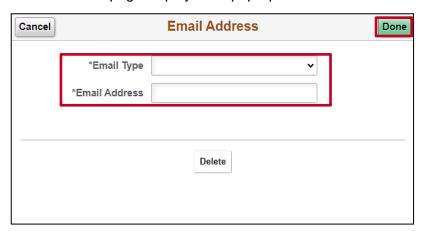
24. Click the Add Email button.

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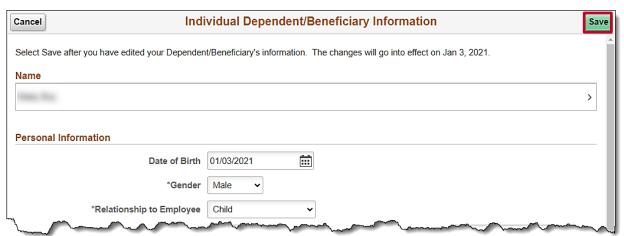
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The **Email Address** page displays in a pop-up window.



- 25. Select the Email type and enter the applicable Email Address using the corresponding fields.
- 26. Click the **Done** button.

The Individual Dependent/Beneficiary Information page returns.



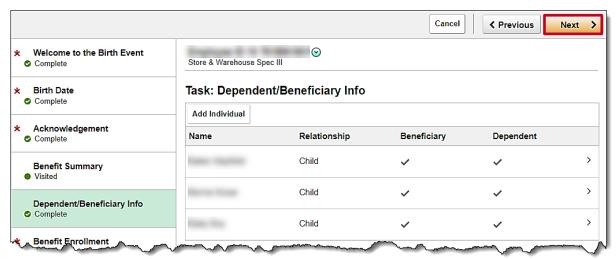
27. Click the Save button.

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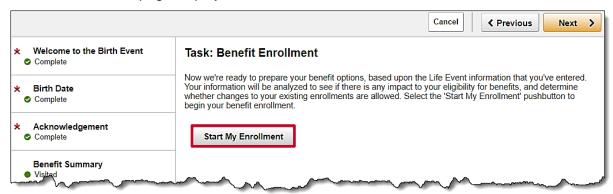
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The **Dependent/Beneficiary Info** page returns.



28. Review the information to ensure your child was added and then click the **Next** button.

The Benefit Enrollment page displays.



Note: After an employee submits the personal information for their Dependent, the Benefits Administrator will contact the employee directly for any additional information or documentation needed to complete the Birth Event (i.e. Birth Certificate).

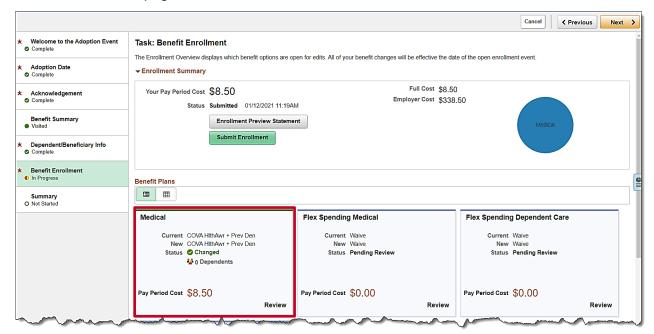
29. Click the **Start My Enrollment** button.

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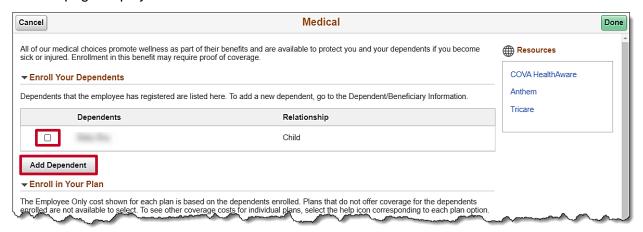
The **Benefit Enrollment** page refreshes.



30. Click the Medical tile.

Note: The **Medical** tile enables employees to change their medical coverage from "Single" to any applicable coverage that includes a dependent.

The Medical page displays.



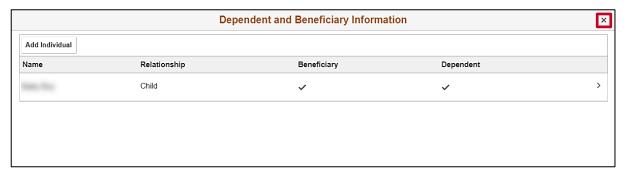
- 31. Within the Enroll Your Dependents section, select the checkbox option for the child being added.
- 32. Click the Add Dependent button.

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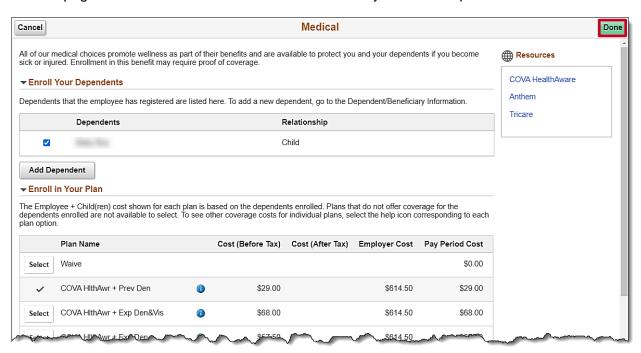
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The **Dependent and Beneficiary Information** page displays.



33. Click the **X** (**Close**) button to close the page.

The **Medical** page returns with the checkbox next to the newly enrolled Dependent selected.



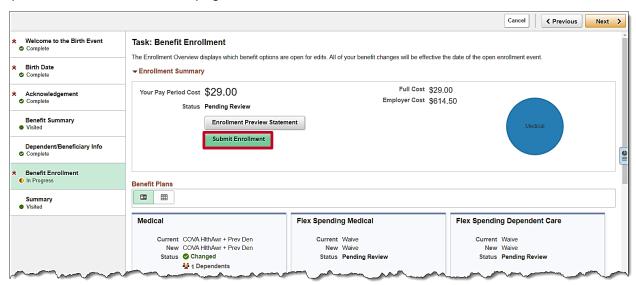
34. Click the **Done** button in the upper right-hand corner of the page.

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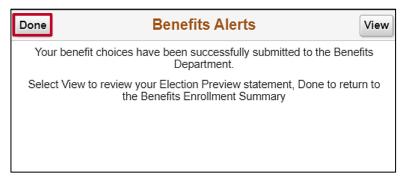
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The updated **Benefit Enrollment** page returns.



35. Click the Submit Enrollment button.

The Benefits Alerts page displays in a pop-up window.



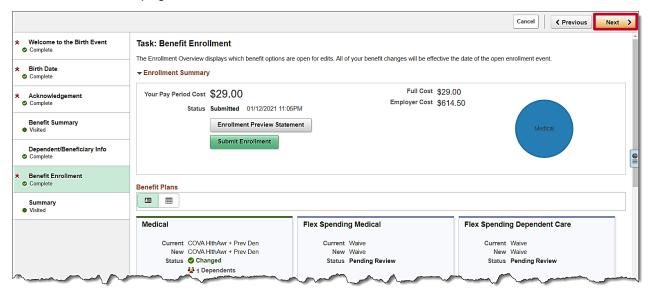
36. Click the **Done** button.

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The **Benefit Enrollment** page returns.



Note: To update Flex Spending deductions, click on the **Flexible Spending Medical Tile** and update the Annual Pledge Amount. For further information on updating the benefit enrollment information, see the Job Aid titled **BN361 Enrollment Steps for an Employee**. This Job Aid is located on the Cardinal website in **Job Aids** under **Training**.

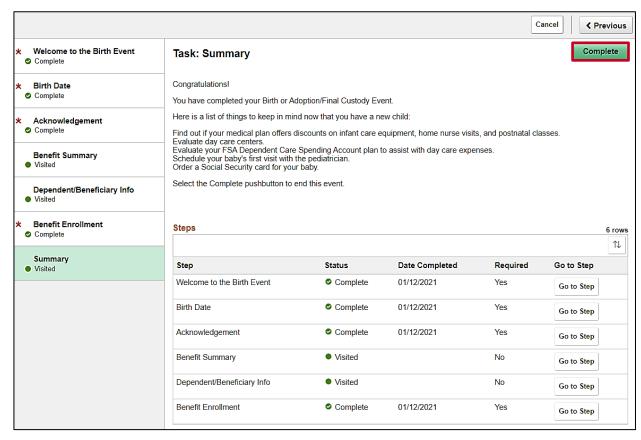
37. Click the Next button.

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The **Summary** page displays.



38. Review the summary information for accuracy and then click the **Complete** button.

Note: The **Birth Event** is complete, and the information has been submitted to the Benefit Administrator for further action.

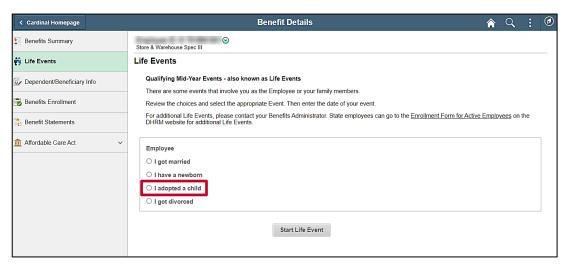
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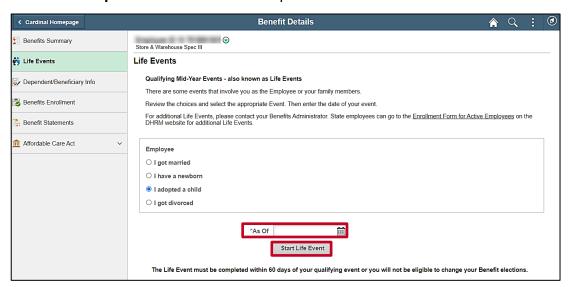
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Adoption Life Event

 Navigate to the Life Events tab on the Benefit Details page, as described in the Initiating ESS Life Events section of this Job Aid.



2. Click the I adopted a child radio button option.



- 3. Select the adoption date of the child using the **As Of Calendar** icon or by entering into the text field.
- Click the Start Life Event button.

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The **Adoption Event** page displays.



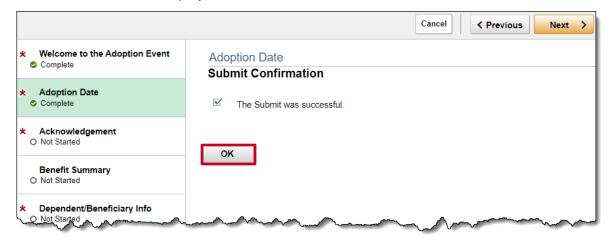
5. Read through the **Welcome to the Adoption Event** information and then click the **Next** button.

The Adoption Date page displays.



- 6. The date defaults to the As Of Date selected on the **Life Events** tab. Update as required.
- 7. Click the **Submit** button.

The **Submit Confirmation** displays.



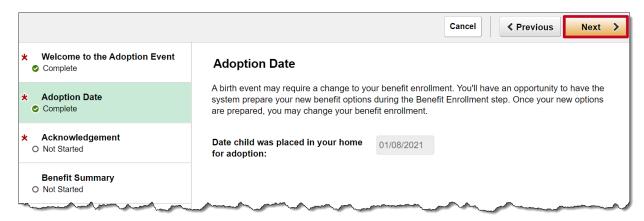
8. Click the **OK** button.

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9. The **Adoption Date** page returns.



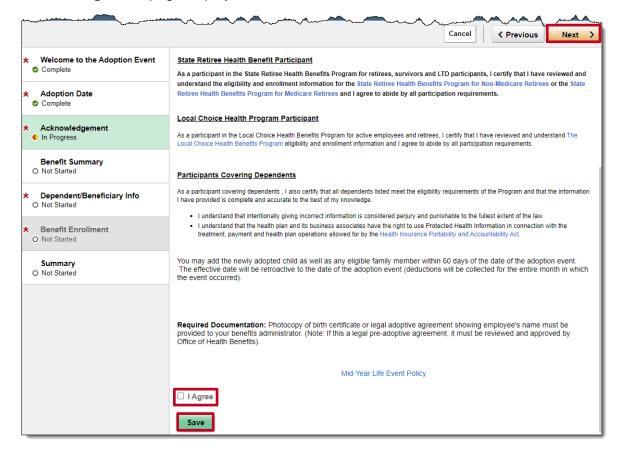
10. Click the Next button.

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The **Acknowledgement** page displays.



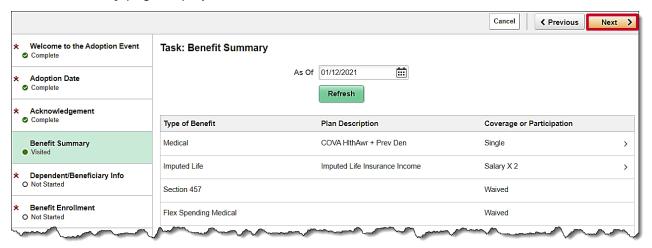
- 11. Read through the **Health Plan Acknowledgement** information and then click the **I Agree** checkbox option.
- 12. Click the Save button.
- Click the Next button.

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The **Benefit Summary** page displays.



14. Review the current enrollments and then click the **Next** button.

The **Dependent/Beneficiary Info** page displays.



15. Click the **Add Individual** button to submit the personal information for the child being added.

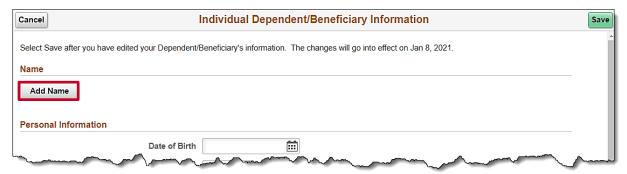
Note: The employee's current dependent(s)' information is initially displayed on this page.

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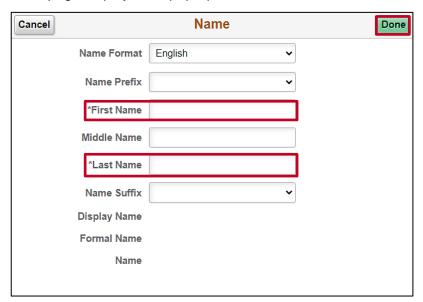
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The **Individual Dependent/Beneficiary Information** page displays.



Click the Add Name button.

The Name page displays in a pop-up window.



17. Enter the child's first and last name in the corresponding fields.

Note: Optionally add the child's name prefix, middle name or name suffix, as applicable.

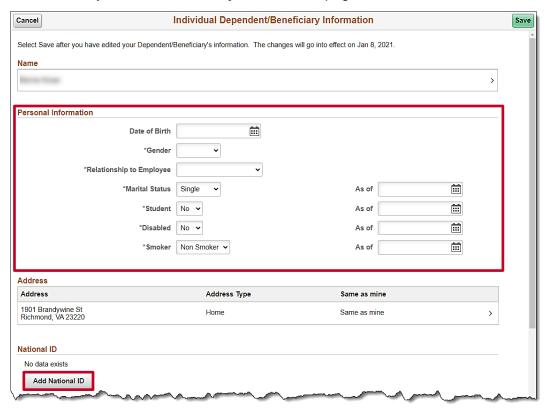
18. Click the **Done** button.

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The Individual Dependent/Beneficiary Information page returns.



- 19. Within the **Personal Information** section, complete the **Date of Birth**, **Gender**, and **Relationship** to **Employee** fields.
- 20. Click the Add National ID button.

Note: If the child has not received a National ID Number at the time of enrollment, skip to step 22 and update when the information becomes available.

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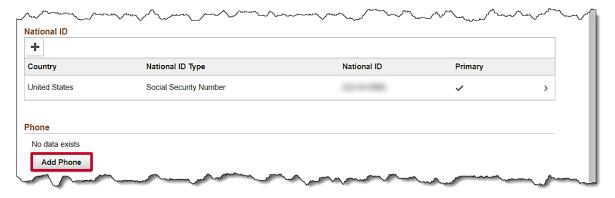
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The **National ID** page displays in a pop-up window.



- 21. Complete the Country, National ID Type, and National ID fields for the child.
- 22. Click the **Done** button.

The Individual Dependent/Beneficiary Information page returns.



Click the Add Phone button.

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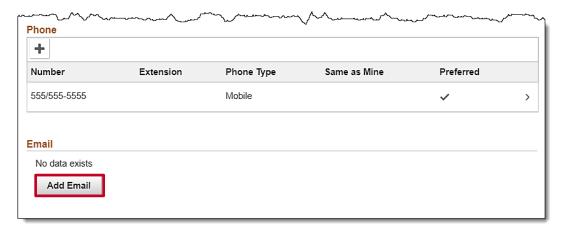
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The **Phone Number** page displays in a pop-up window.



- 24. Select "Yes" in the Same as mine field.
- Click the **Done** button.

The Individual Dependent/Beneficiary Information page returns.



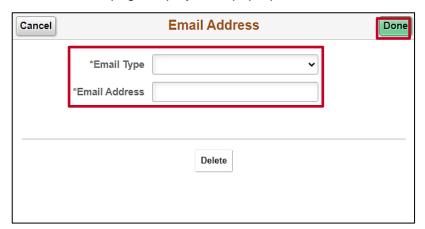
26. Click the Add Email button.

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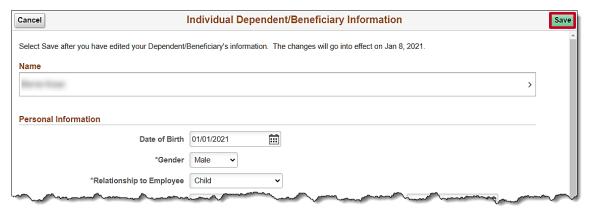
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The **Email Address** page displays in a pop-up window.



- 27. Select the Email Type from the **Email Type** drop-down menu and enter the applicable Email Address in the **Email Address** field.
- 28. Click the **Done** button.

The Individual Dependent/Beneficiary Information page returns.



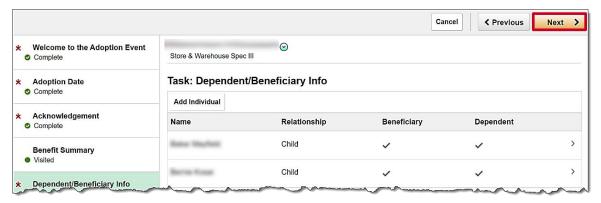
29. Click the Save button.

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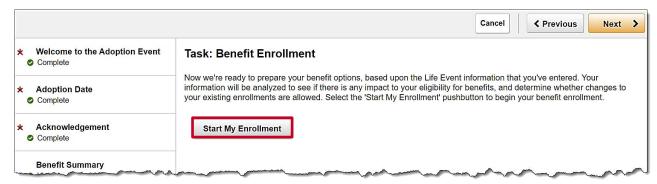
ESS How to Create a Life Event

The **Dependent/Beneficiary Info** page returns.



30. Review the information to ensure your child was added and then click the **Next** button.

The **Benefit Enrollment** page displays.



Note: After the employee submits their Dependent's personal information, the Benefit Administrator will contact the employee directly for any additional information or documentation needed to complete the Adoption Event.

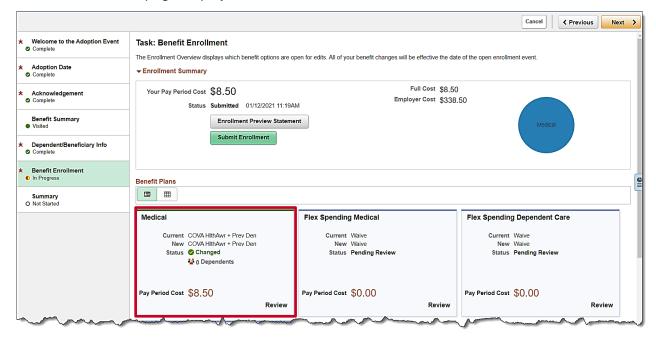
31. Click the **Start My Enrollment** button.

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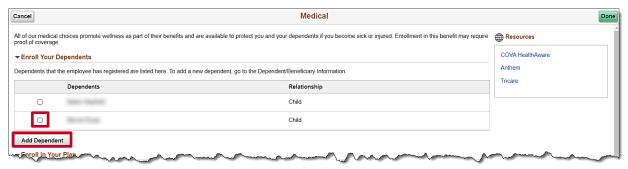
The **Benefit Enrollment** page displays.



Click the Medical tile.

Note: The **Medical** tile enables employees to change their medical coverage from "Single" to any applicable coverage that includes a dependent.

The **Medical** page displays.



- 33. Within the Enroll Your Dependents section, select the checkbox option for the child being added.
- 34. Click the **Add Dependent** button.

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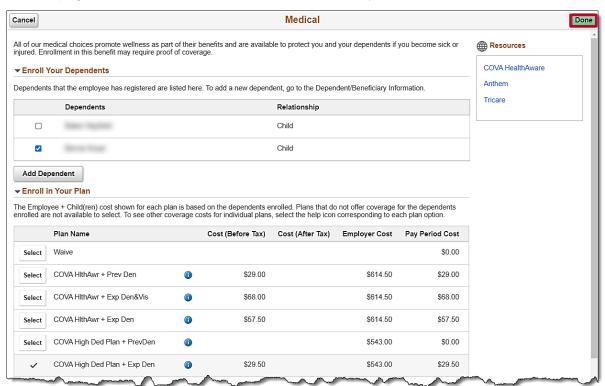
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The **Dependent and Beneficiary Information** page displays.



35. Click the **X** (**Close**) button to close the page.

The Medical page returns with the checkbox next to the newly enroll Dependent selected.



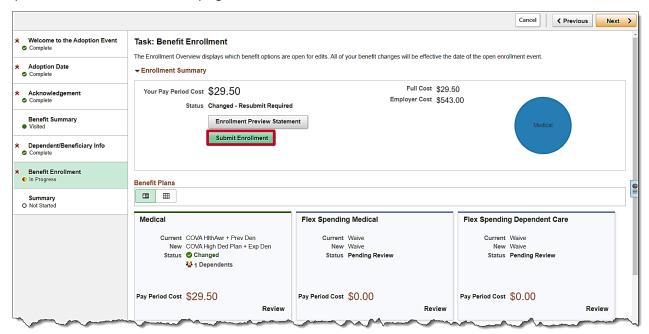
36. Click the **Done** button in the upper right-hand corner of the page.

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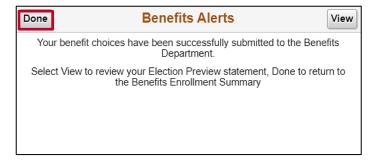
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The updated **Benefit Enrollment** page returns.



37. Click the **Submit Enrollment** button.

The **Benefits Alerts** page displays in a pop-up window.



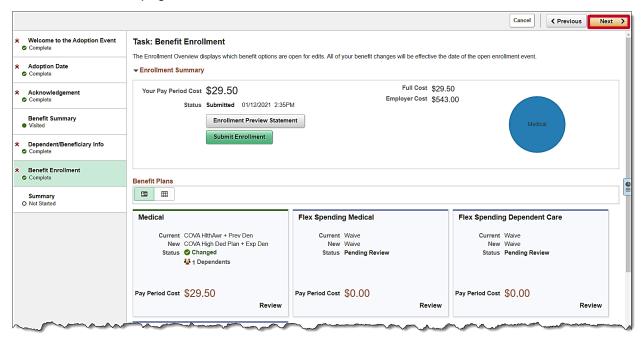
38. Click the **Done** button.

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The **Benefit Enrollment** page returns.



Note: To update Flex Spending deductions, click on the **Flexible Spending Medical Tile** and update the Annual Pledge Amount. For further information on updating the benefit enrollment information, see the Job Aid titled **BN361 Enrollment Steps for an Employee**. This Job Aid is located on the Cardinal website in **Job Aids** under **Training**.

39. Click the Next button.

The **Summary** page displays.



40. Review the summary information for accuracy and then click the **Complete** button.

Note: The **Adoption Event** is complete, and the information has been submitted to the Benefits Administrator for further action.

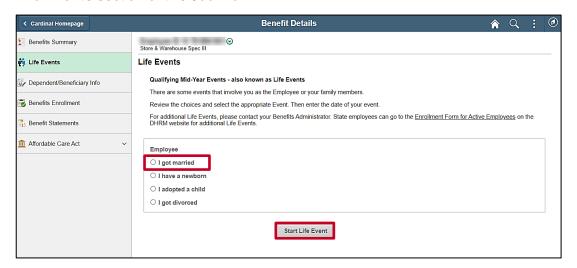
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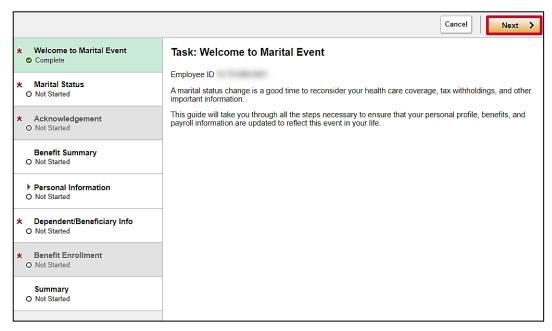
Marital Life Event

Navigate to the Life Events tab on the Benefit Details page, as described in the Initiating ESS
Life Events section of this Job Aid.



- 2. Click the I got married radio button option.
- 3. Click the **Start Life Event** button.

The Marital Event page displays.



4. Read through the **Welcome to Marital Event** information and then click the **Next** button.

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The **Marital Status** page displays.



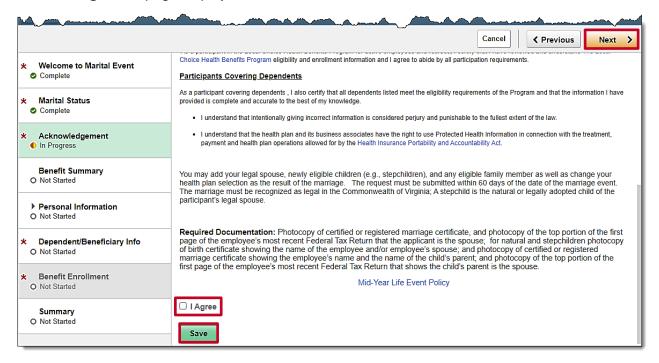
- 5. Select "Married" using the New Status field drop-down menu.
- 6. Enter/select the appropriate marriage date using the Marriage Event Date Calendar icon.
- 7. Click the **Save** button.
- 8. Click the **Next** button.

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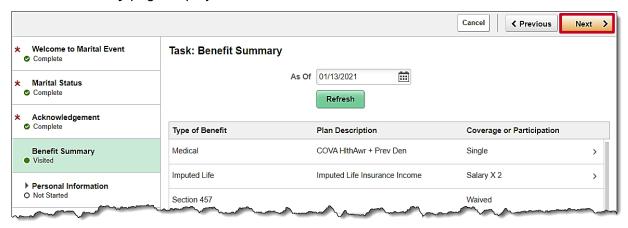
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The **Acknowledgement** page displays.



- Read through the Health Plan Acknowledgement information (scroll up/down as required) and then select the I Agree checkbox.
- Click the Save button.
- 11. Click the Next button.

The **Benefit Summary** page displays.



12. Review the current enrollments and thenclick the **Next** button.

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The **Personal Information** – **Name** page displays.



13. Your current name displays. If the marriage resulted in a name change for you, click the **Expand** icon (>) to the far right of the current name listing. If the marriage did not result in a name change for you, proceed to Step 16.

The **Name** page displays in a pop-up window.



14. Enter your first and new last name in the corresponding fields.

Note: Optionally, add your Prefix, Middle Name, and/or Suffix, as applicable.

Click the Save button.

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The **Personal Information – Name** page returns.



Click the Next button.

The Personal Information – Home and mailing Address page displays.



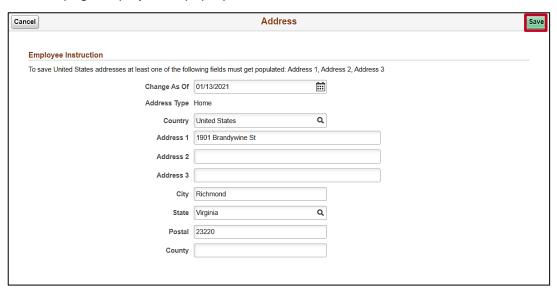
17. Your current home address displays. If the marriage has resulted in a personal address change, click the **Expand** icon (>) to the far right of the current home address listing. If the marriage did not result in a personal address change, proceed to Step 20.

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The **Address** page displays in a pop-up window.



- 18. Update your home address information as needed using the corresponding fields.
- 19. Click the Save button.

The **Personal Information – Home and mailing Address** page returns.



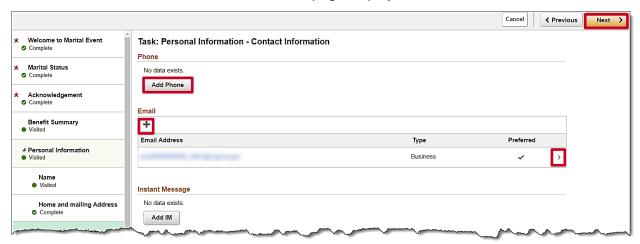
20. Click the Next button.

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The **Personal Information** – **Contact Information** page displays.



- 21. To add a phone number, click the **Add Phone** button and enter the applicable phone number information.
- 22. To update an Email address, click the **Expand** icon (>) to the far right of the Email address listing and update the Email address information.

Note: Business Email addresses cannot be updated through self-service options. Contact your Agency HR Administrator to update your business Email address.

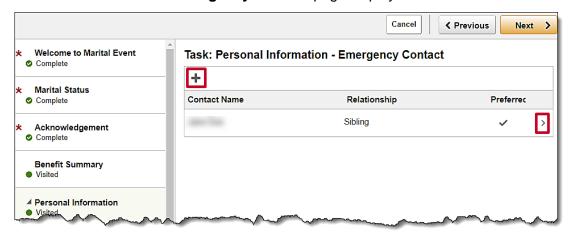
- 23. To add an Email address, click the **Add Email** icon (+) under the **Email** section heading.
- 24. Click the Next button.

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ESS How to Create a Life Event

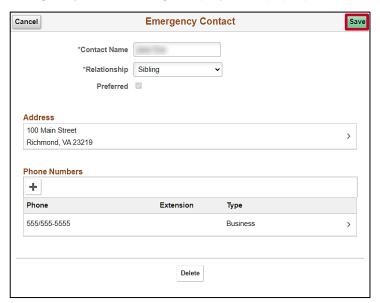
The **Personal Information** – **Emergency Contact** page displays.



25. Click the **Add Emergency Contact** icon (+) or **Expand** icon (>) to add an additional Emergency Contact or update an existing Emergency Contact, respectively.

Note: If an Emergency Contact has not yet been established, click the **Add Emergency Contact** button to add your first Emergency Contact.

The Emergency Contact page displays in a pop-up window.



- 26. Update or add the applicable contact information for the emergency contact in the corresponding fields.
- 27. Click the Save button.

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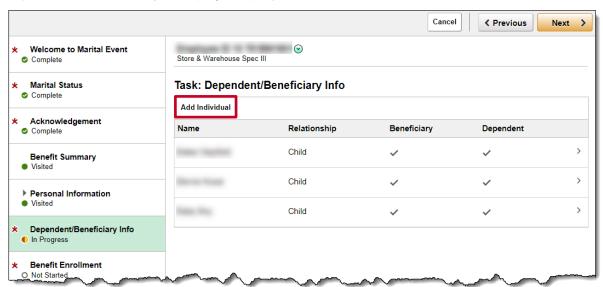
ESS How to Create a Life Event

The **Personal Information – Emergency Contact** page returns.



Click the **Next** button.

The **Dependent/Beneficiary Info** page displays.



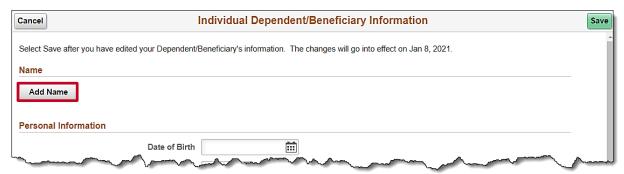
29. Click the **Add Individual** button to submit your spouse's personal information.

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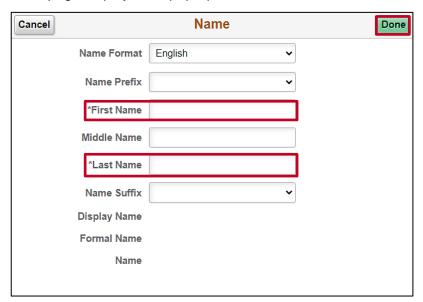
ESS How to Create a Life Event

The **Individual Dependent/Beneficiary Information** page displays.



Click the Add Name button.

The Name page displays in a pop-up window.



31. Enter the spouse's first and last names in the corresponding fields.

Note: Optionally enter the spouse's middle name or suffix, as applicable.

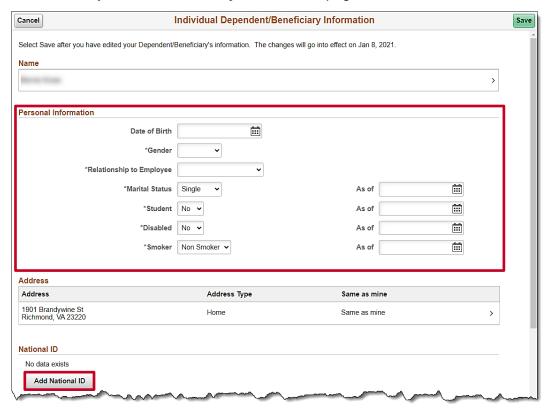
32. Click the Done button.

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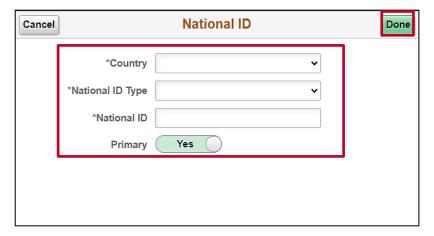
ESS How to Create a Life Event

The Individual Dependent/Beneficiary Information page returns.



- 33. Complete the Date of Birth, Gender, and Relationship to Employee fields.
- 34. Click the Add National ID button.

The **National ID** page displays in a pop-up window.



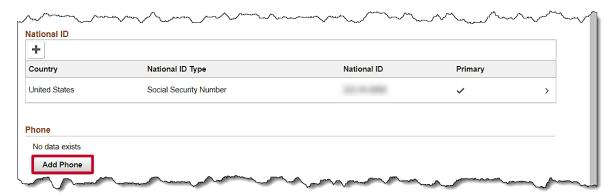
- 35. Complete the Country, National ID Type, and National ID fields for the spouse.
- 36. Click the **Done** button.

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ESS How to Create a Life Event

The Individual Dependent/Beneficiary Information page returns.



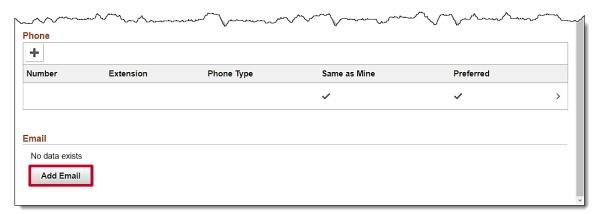
Click the Add Phone button.

The **Phone Number** page displays in a pop-up window.



- 38. Select "Yes" for the **Same as mine** field or enter the phone information for the spouse.
- 39. Click the **Done** button.

The **Individual Dependent/Beneficiary Information** page returns.



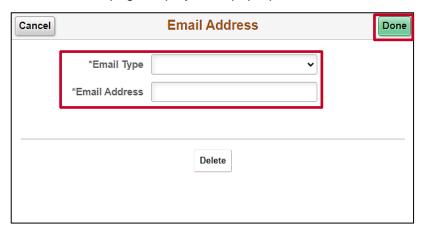
40. Click the Add Email button.

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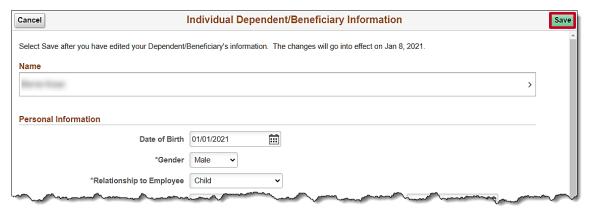
ESS How to Create a Life Event

The **Email Address** page displays in a pop-up window.



- 41. Select the Email Type from the **Email Type** drop-down menu and enter the applicable Email Address in the **Email Address** field.
- 42. Click the **Done** button.

The Individual Dependent/Beneficiary Information page returns.



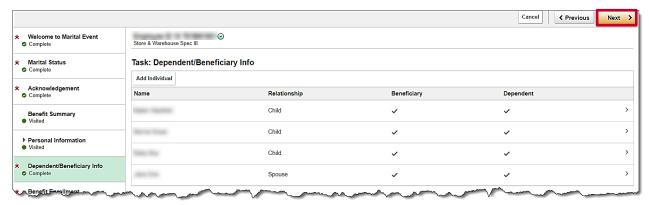
43. Click the Save button.

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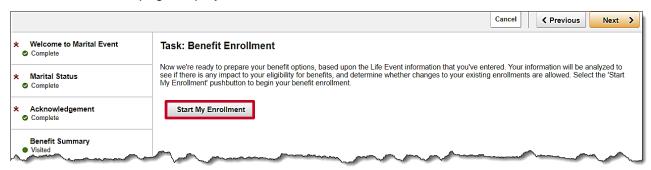
ESS How to Create a Life Event

The **Dependent/Beneficiary Info** page returns.



44. Review the information to ensure your spouse was added and then click the **Next** button.

The **Benefit Enrollment** page displays.



Note: After the employee submits the personal information for the Dependent, the Benefit Administrator will contact the employee directly for any additional information or documentation needed to complete the Marital Event.

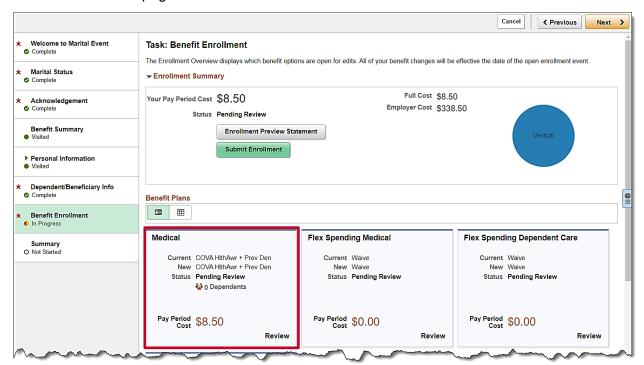
45. Click the **Start My Enrollment** button.

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ESS How to Create a Life Event

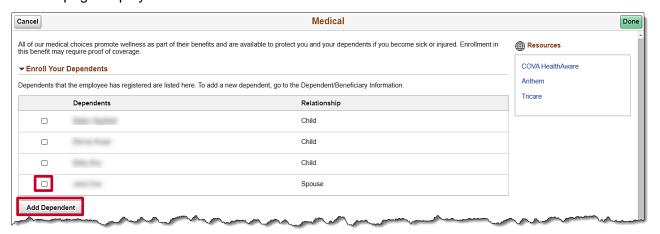
The Benefit Enrollment page refreshes.



46. Click the Medical tile.

Note: The **Medical** tile enables employees to change their medical coverage from "Single" to any applicable coverage that includes a dependent

The Medical page displays.



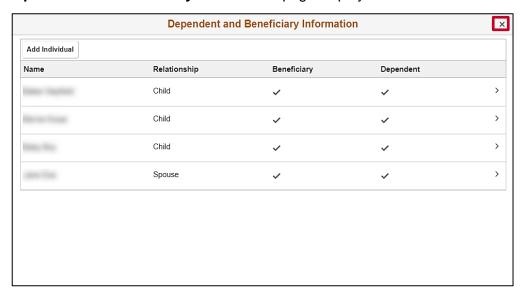
- 47. Within the **Enroll Your Dependents** section, select the checkbox option for the spouse being added.
- 48. Click the Add Dependent button.

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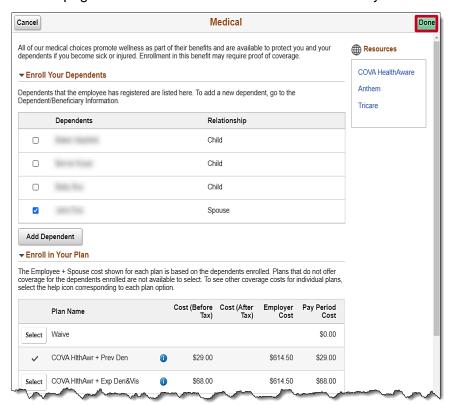
ESS How to Create a Life Event

The **Dependent and Beneficiary Information** page displays.



49. Click the X (Close) button to close the page.

The Medical page returns with the checkbox next to the newly enrolled Dependent selected.



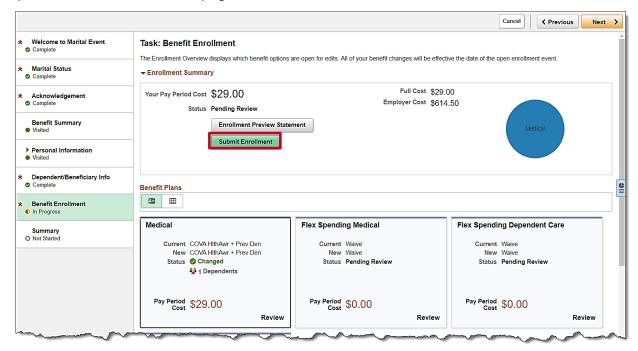
50. Click the **Done** button in the upper right-hand corner of the page.

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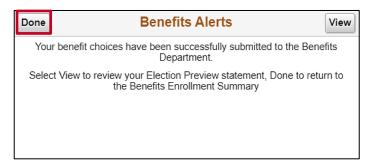
ESS How to Create a Life Event

The updated **Benefit Enrollment** page returns.



Click the Submit Enrollment button.

The Benefits Alerts page displays in a pop-up window.



Click the **Done** button.

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ESS How to Create a Life Event

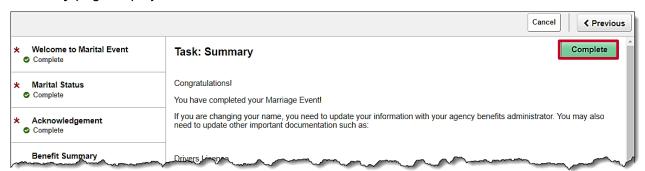
The **Benefit Enrollment** page returns.



Note: To update Flex Spending deductions, click on the **Flexible Spending Medical Tile** and update the Annual Pledge Amount. For further information on updating the benefit enrollment information, see the Job Aid titled **BN361 Enrollment Steps for an Employee**. This Job Aid is located on the Cardinal website in **Job Aids** under **Training**.

53. Click the Next button.

The **Summary** page displays.



54. Review the summary information for accuracy and then click the **Complete** button.

Note: The **Marital Event** is complete, and the information has been submitted to the Benefit Administrator for further action.

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ESS How to Create a Life Event

Divorce Life Event

 Navigate to the Life Events tab on the Benefit Details page, as described in the Initiating ESS Life Events section of this Job Aid.



- 2. Click the I got divorced radio button option.
- 3. Click the **Start Life Event** button.

The **Divorce Event** page displays.



4. Read through the **Welcome to Divorce Event** information and then click the **Next** button.

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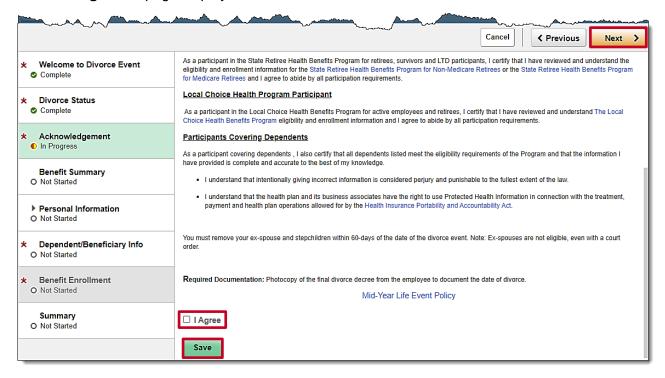
ESS How to Create a Life Event

The **Divorce Status** page displays.



- 5. Select "Divorced" using the New Status field drop-down menu.
- 6. Enter/select the appropriate divorce date using the **Divorce Event date Calendar** icon.
- 7. Click the **Save** button.
- 8. Click the **Next** button.

The **Acknowledgement** page displays.



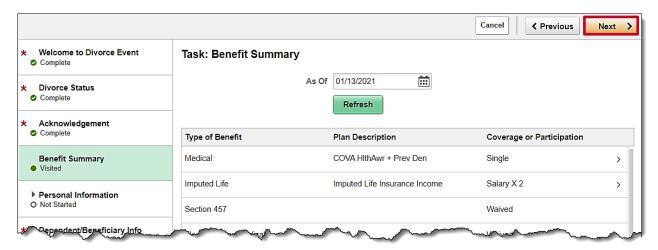
- 9. Read through the **Health Plan Acknowledgement** information and then click the **I Agree** checkbox option.
- 10. Click the Save button.
- Click the Next button.

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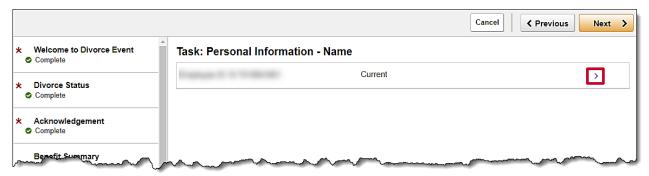
ESS How to Create a Life Event

The **Benefit Summary** page displays.



12. Review the current enrollments and then click the **Next** button.

The **Personal Information** – **Name** page displays.



13. Your current name displays. If the divorce resulted in a name change for you, click the **Expand** icon (>) to the far right of the current name listing. If the divorce did not result in a name change for you, proceed to Step 16.

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ESS How to Create a Life Event

The Name page displays in a pop-up window.

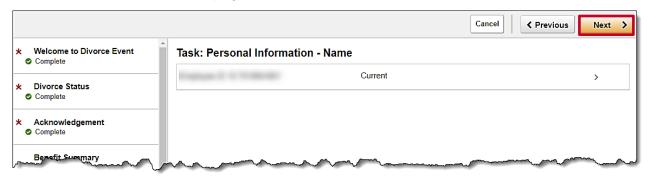


14. Enter your first and last names in the corresponding fields.

Note: Optionally, add your Prefix, Middle Name, and/or Suffix, as applicable.

15. Click the Save button.

The **Personal Information – Name** page returns.



16. Click the Next button.

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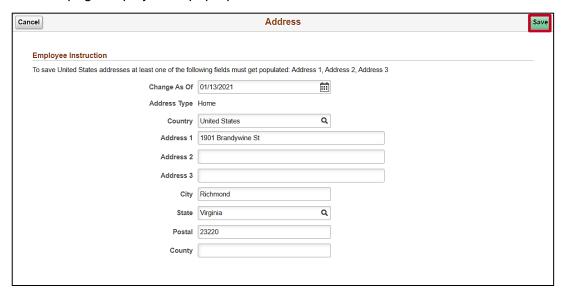
ESS How to Create a Life Event

The **Personal Information** – **Home and mailing Address** page displays.



17. Your current home address displays. If the divorce has resulted in a personal address change, click the **Expand** icon (>) to the far right of the current home address listing. If the divorce did not result in a personal address change, proceed to Step 20.

The **Address** page displays in a pop-up window.



- 18. Update your home address information as needed using the corresponding fields.
- 19. Click the Save button.

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ESS How to Create a Life Event

The **Personal Information – Home and mailing Address** page returns.



20. Click the Next button.

The **Personal Information – Contact Information** page displays.



- 21. To add a phone number, click the **Add Phone** button and enter the applicable phone number information.
- 22. To update an Email address, click the **Expand** icon (>) to the far right of the Email address listing and update the Email address information.

Note: Business Email addresses cannot be updated through self-service options. Contact your Agency HR Administrator to update your business Email address.

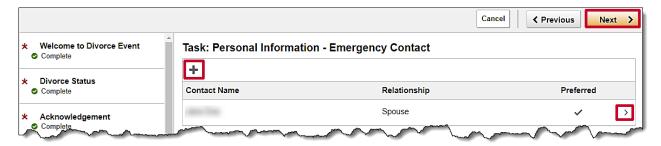
- 23. To add an Email address, click the **Add Email** icon (+) under the **Email** section heading.
- 24. Click the Next button.

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ESS How to Create a Life Event

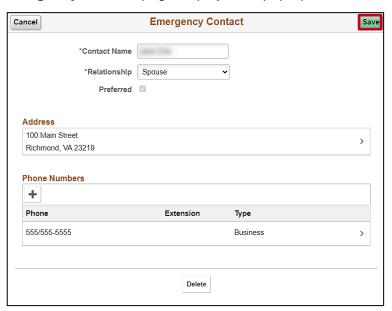
The **Personal Information** – **Emergency Contact** page displays.



25. Click the **Add Emergency Contact** icon (+) or **Expand** icon (>) to add an additional Emergency Contact or update an existing Emergency Contact, respectively.

Note: If an Emergency Contact has not yet been established, click the **Add Emergency Contact** button to add your first Emergency Contact.

The **Emergency Contact** page displays in a pop-up window.



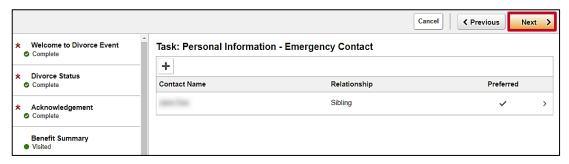
- 26. Update or add the applicable contact information for the emergency contact in the corresponding fields.
- 27. Click the Save button.

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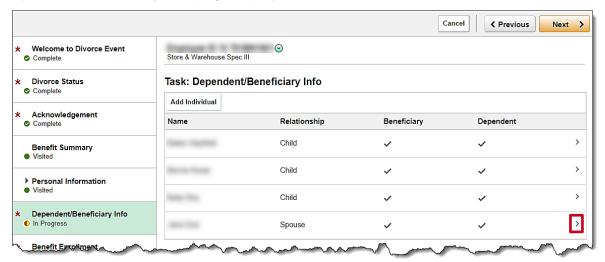
ESS How to Create a Life Event

The **Personal Information – Emergency Contact** page returns.



28. Click the **Next** button.

The **Dependent/Beneficiary Info** page displays.



29. Click the **Expand** icon (>) to change the personal information for the spouse being removed.

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ESS How to Create a Life Event

The **Individual Dependent/Beneficiary Information** page displays.



30. Update the Relationship to Employee field to "ExSpouse" using the drop-down menu.

A warning message displays in a pop-up window.



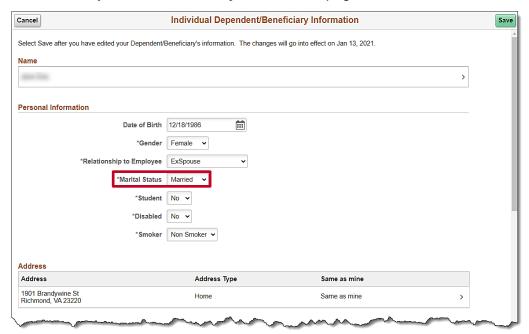
31. Click the **OK** button.

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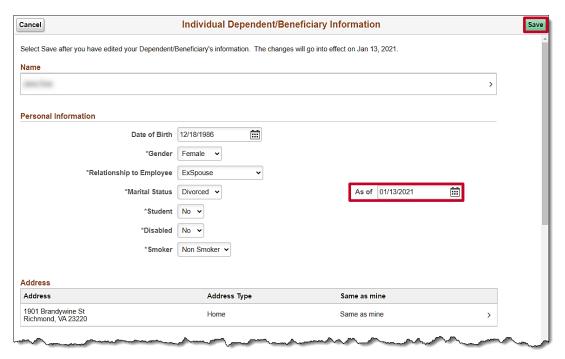
ESS How to Create a Life Event

The Individual Dependent/Beneficiary Information page returns.



32. Update the Marital Status field to "Divorced" using the drop-down menu.

The Individual Dependent/Beneficiary Information page refreshes.



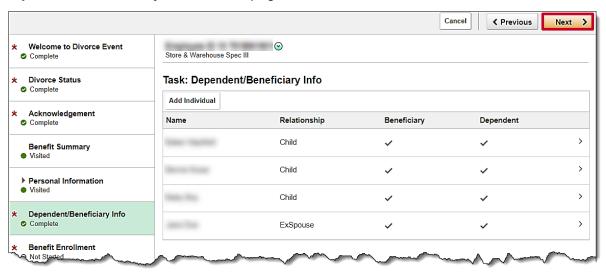
- 33. The **As of** field defaults to the system date. Enter/select the appropriate divorce date using the **As of Calendar** icon.
- 34. Click the **Save** button.

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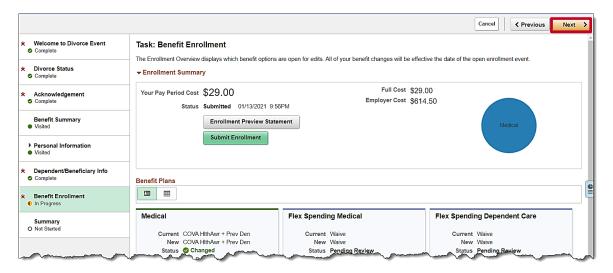
ESS How to Create a Life Event

The **Dependent/Beneficiary Information** page returns.



35. Click the Next button.

The **Benefit Enrollment** page displays.



Note: If applicable, the benefit enrollments can be updated by clicking on the appropriate tile(s).

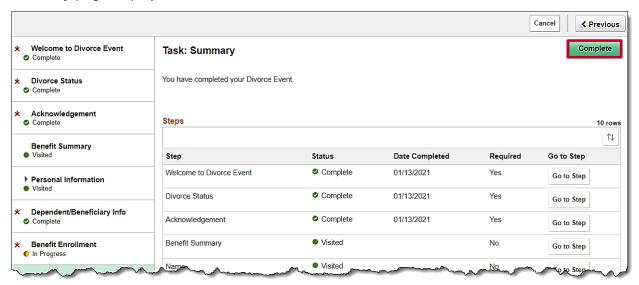
36. Click the Next button.

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ESS How to Create a Life Event

The **Summary** page displays.



37. Review the summary information for accuracy and then click the **Complete** button.

Note: The **Divorce Event** is complete, and the information has been submitted to the Benefit Administrator for further action.

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